

New World Meatless Monday \$25 Prix Fixe Menu

Vegan and Vegetarian 3 Course Dinner

SAMPLE MENU (Menu updates weekly)

Apps

Bowl of Tonight's Soup

Simple Salad with raw veggies

Eggplant Balls with 4 cheeses

Crispy Brussels Sprouts Chips

with Pecorino Romano or Nutritional Yeast

Pan Blackened Stringbeans with Creole remoulade *6

Entrees

Imported Penne with local kale and chick peas

Mushroom Wellington with Arugula Salad

Blue Corn Crusted Seitan

Brown Rice, Beans, Greens and Green Salsa

Moroccan Veggie Tagine with cous cous

Platter of Brown Rice, Black Beans, Greens,

Island Yams and Chimichurri Grilled Tofu

Desserts

Fresh Fruit Crisp

Tonight's Fresh Fruit with or without Greek yogurt



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